

ACCESS/PAL Suggestions for Getting the Most out of Tutoring:

Attending a tutoring session requires some planning. Don't walk in cold. Here are some ideas and suggestions that we have found help students get the most out of tutoring.

1. Before you ever meet with your tutor, there are some things that are essential to make your tutoring session work for you:

Attend all classes. Did you know that class attendance is the best predictor of whether or not you will be successful in your class?

Do all of the assigned readings. If you do, you will have a better handle on what you need to be working on with the tutor and in class.

Be up to date on your homework assignments. If you haven't attempted the homework, you can't effectively communicate your concerns and questions to the tutor.

Take notes as you study and do assignments to help you identify what you have questions or concerns about.

2. When you meet with a tutor, you want to be able to explain your strengths and weaknesses in the course. You need to be able to identify problem areas and things that you have questions about. And, you want to be prepared for the work you are going to do. Before you meet the tutor, make sure that you:

Read and **review your text materials and your notes** before the session.

Be on time. You both want to get the most out of the time that you are scheduled for a tutor.

Bring all the materials you will need. These include your book, notes, pen/pencil, paper, calculator, old exams, quizzes and homework assignments and your syllabus.

Be ready to tell the tutor what you need them to help you with. Provide them with a list of questions, notes on areas you are having trouble with, etc.

A TUTOR CAN HELP YOU:

Clarify course content

Understand concepts

Improve and develop effective study skills and strategies

Learn how to learn efficiently

Learn how to prepare for quizzes and tests

A TUTOR DOESN'T:

Lecture material. You should be working together.

Do your homework for you

Solve problems for you

Give you answers

Write for you

Questions? Contact **ACCESS/PAL Tutoring** at (815) 753-0203, drop by our office at Williston 100 or [click here: PAL@niu.edu](mailto:PAL@niu.edu) to email the PAL Program.